



# Sean Ingram

Author & Motivational Speaker

@SeanIngramSpeaks





# SEAN INGRAM

Author & Motivational Speaker

Founder of The Sean Ingram Academy

[www.SeanIngram.info](http://www.SeanIngram.info)



# MASTERING YOUR MINDSET

BY SEAN INGRAM



## **MASTER**

1. Acquire complete knowledge;
2. Gain Control of;

## **MINDSET**

The Way We Think, Perceive, Assume, Discern, Recognize, Comprehend, and Internalize.

The background features a black and white checkered floor that recedes into the distance, creating a sense of depth. Above the floor, a dark, curved band contains a vibrant, multi-colored wavy pattern in shades of orange, red, yellow, and green.

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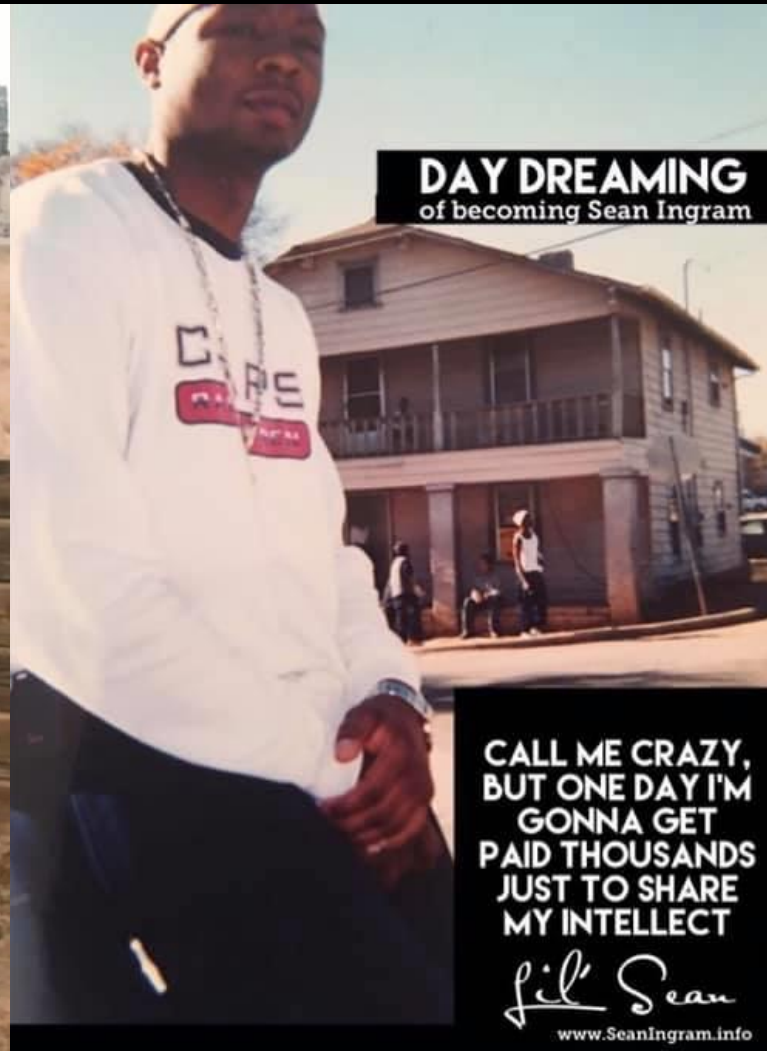
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**DAY DREAMING**  
of becoming Sean Ingram

CALL ME CRAZY,  
BUT ONE DAY I'M  
GONNA GET  
PAID THOUSANDS  
JUST TO SHARE  
MY INTELLECT

*fil Sean*

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## #SeanIngramSpeaks

### Motivational Speaking

*Corporate:* \$5,000 1hr / \$100 each additional

*Non-Profit:* \$2,500 1hr / \$50 each additional

*DPS/WCPSS:* \$500 Base Price + Travel for  
All Schools and Youth Detention Centers.

### Spoken Word Performances

*Corporate:* \$1,000 1hr / \$75 each additional

*Non-Profit:* \$500 1hr / \$50 each additional

### Workshops & Seminars

*Corporate:* \$1,000 1hr / \$100 each additional

*Non-Profit:* \$500 1hr / \$50 each additional

### Hosting & Panel Discussions

*Corporate:* \$500 1hr / \$50 each additional

*Non-Profit:* \$250 1hr / \$25 each additional

ADDITIONAL COST include Travel & Hotel if needed.

**Email Us Today**

@ [email@SeanIngram.info](mailto:email@SeanIngram.info)  
to have Sean Ingram speak  
or perform at your next event



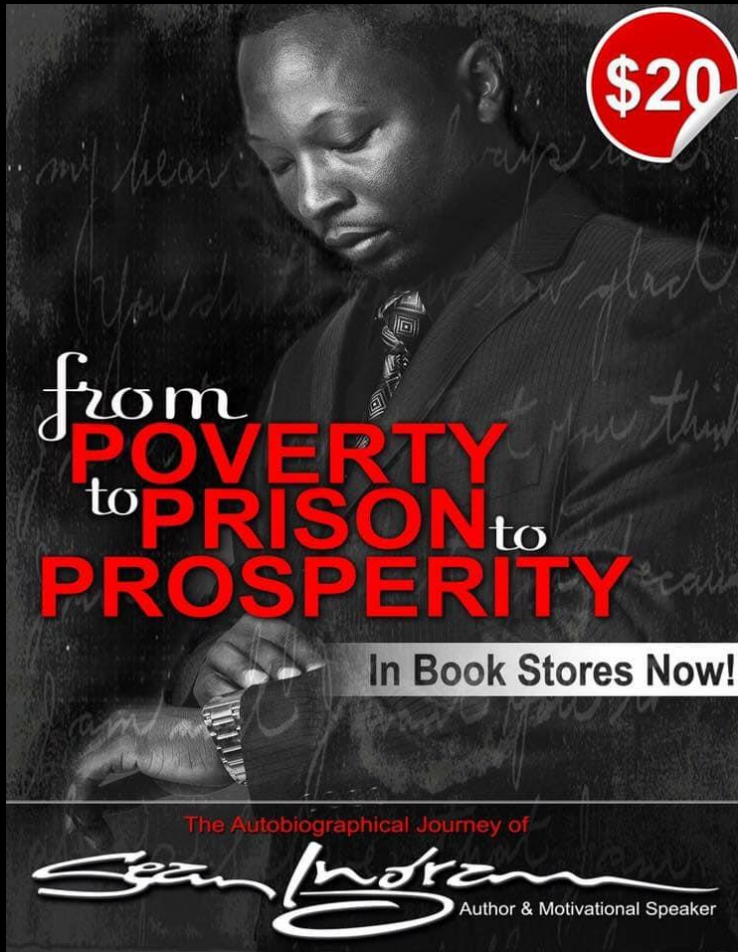
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~~impossible~~  
~~achievable~~

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What Being a Boss...

Looks Like & Feels Like

## Sean Ingram's Top 10 Rules for Success

1. Believe in God, and the reason he desired you to be.
2. Trust and Believe in yourself, and your vision.
3. Recognize your reason, do what you love to do, and be passionate about it.
4. Persevere your process, and never give up.
5. Only compete with yourself, and your own capabilities.
6. Stay true to your truth.
7. Be confident in your convictions.
8. Remain humble and hungry.
9. Stay emotionally connected to your dreams and goals.
10. Never allow your ignorance to eclipse your intellect.

*#SeanIngramSpeaks*

**Success is not about what you can do, but yet, it's about what you can endure.**

  
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dream a dream that will never be forgotten

visualize a vision that will forever be seen

live a life that you may always be remembered

die a death that you may eternally live serene

*Sean Ingram*



*from Lil' Sean to Sean Ingram*



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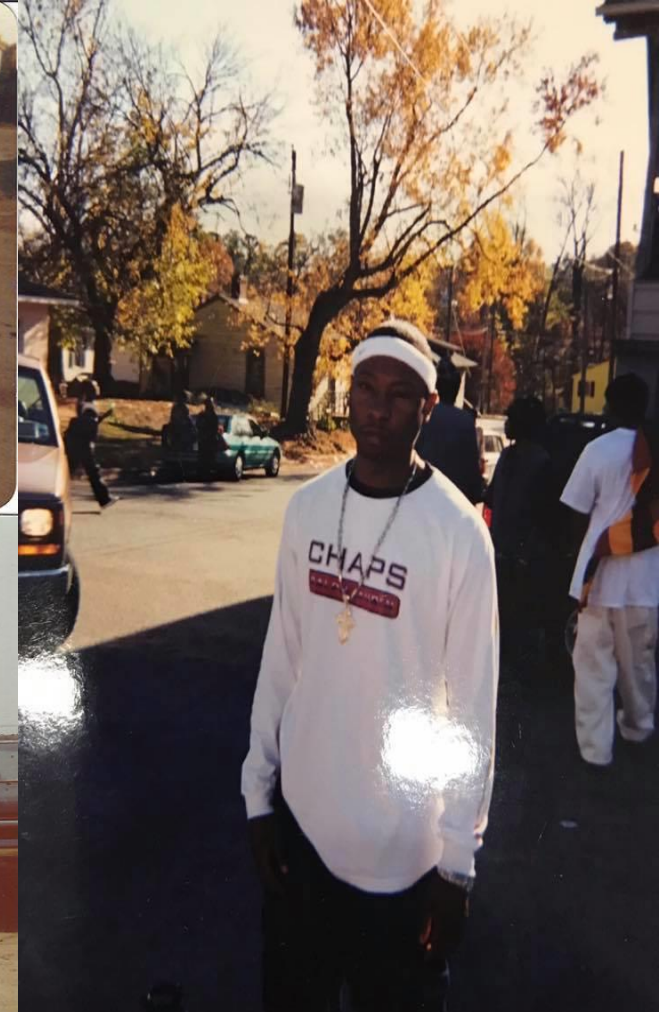
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**Sean Ingram**  
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***I'm a Visionary***  
who believes in the unseen  
while you only believe in what you see  
I've always believed in the unbelievable  
even when you didn't believe in me



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